

Namaaz tasbeeh and dua

Ruku tasbih: Glory to my great Lord, and praise!

Sujud tasbih: Glory to my Lord most high, lofty!

Between 2 sajda-s: Allah, forgive me, have mercy on me, mend me, and raise me up!

When you stand up in a rak'at: Allah, with your strength and vigor, I stand and sit.

Nhano tashahhud: I start in the name of Allah, I beseech Allah's aid, and I praise Allah. The glorious names all belong to Allah. I testify that there is no god except Allah, alone, He has no partner. I testify that Mohammad is Allah's servant and messenger. Allah, bestow *salawaat* on your Prophet Mohammad, and accept his intercession for his community. Bestow *salawaat* on him and on his pure family, *ahle bayt*.

Mhoto tashahhud: In the name of Allah, the Compassionate, the Merciful. Genial greetings and pure, clean, gentle, perfect *salawaat*, morning and night, all for Allah. All that is genial, sincere, pure, increasing, wholesome and good belongs to Allah. I testify that there is no god except Allah, alone, He has no partner. I testify that Mohammad is Allah's servant and messenger; Allah sent him with right guidance and the true faith, a bringer of glad tidings, and a warner before the Hour. I testify that Allah is the best lord. I testify that Mohammad is the best messenger. I testify that Maulana Ali is the best saint. I testify that heaven is true, hellfire is true, death is certain, resurrection is true, the Scales exist, the Path is true, the Hour is coming, no doubt about it, and Allah will resurrect those who have gone to their graves. Allah, bestow *salawaat* on Mohammad and Mohammad's progeny, just as you bestowed *salawaat* and *salaam* on Ibrahim and Ibrahim's progeny; you are the one praised, the noble. Salaam on you, O Prophet, and Allah's mercy and grace. Salaam on us and on all Allah's servants. Allah, grant your forgiveness to me and my parents; have mercy on them, for they nurtured me when I was little. [Right side:] *Salaam* on you and Allah's grace and mercy. [Left side:] *Salaam* on you and Allah's grace and mercy.